

OGU Parkour Virtual Competition 2026 – Event Directives

1. Event Overview

The Oceania Gymnastics Union invites all Member Federations to participate in the 2026 Parkour Virtual Competition. Open to athletes representing a club, school, or Federation. Conducted via video submission and judged by OGU-appointed Parkour judges.

2. Competition Format

- Divisions: Freestyle, Skills
- Continuous freestyle Parkour run (timed)
- Location: Virtual
- Judging criteria: Execution, Difficulty, Flow, Control, Overall Performance
- Detailed guidelines released before entries open

3. Divisions

- Junior Division
- Open Division
- Age eligibility follows OGU regulations.

4. Key Dates

- Entry Window: 5th Oct to 30th Oct 2026
- Video Upload Deadline: 30th Oct 2026
- Judging Window: 1–2 weeks after entries close

5. Registration & Fees

- AU\$20 per routine/video
- No refunds
- PAYMENT INFORMATION: Payment must be made at the time of entry through the OGU website. Submission instructions will be sent once payment is confirmed.

6. Video Requirements

- Length: 20–30 seconds
- Recorded within 6 months of submission
- One continuous, unedited run
- Athlete & obstacles clearly visible
- Stable camera, full area in frame
- Good lighting; landscape preferred
- Music optional
- No videos from other competitions
- Poor quality may be marked DNS

7. Safety & Environment

- • Athletes & Coaches are responsible for safe environment
- • Suitable surfaces and obstacles required
- • Junior athletes should have supervision
- • Unsafe or restricted areas may lead to disqualification

8. Rules & Regulations

Event follows OGU Codes, FIG Parkour Rules, FIG Safeguarding, OGU Technical Regulations, and all relevant policies.

9. Awards

- • Medals: 1st-3rd
- • AU\$100 prize for top Senior Freestyle

10. Contact

- • Team Director: Stephen – parkour@oceaniagymnastics.org
- • Website: www.oceaniagymnasticsunion.org
- • OGU Rep-Emilene -emilene@oceaniagymnastics.org

11. Judges

- • Federations/clubs are not required to provide a judge for the event; The Oceania Gymnastics Union will select judges for this event.

12. Federations Invited

- • The Oceania Gymnastics Union invites all Oceania Member Federations (and their member clubs/schools) in good standing with the FIG & relevant MF.

13. General

- • By entering, athletes and Federations accept these directives. OGU may amend directives with written notice